



Your time and mine are valuable resources! Please note that once you have booked an appointment it means I have reserved time in my schedule exclusively for you. Out of respect for me as the Coach and other clients, a minimum of 24 hours' notice is required for rescheduling or canceling an appointment.

Session Cancellation:

If you cancel your Session less than 24 hours before it is scheduled to take place, you will be charged a cancellation fee of \$25.

Program Cancellation:

Should the Coach or a Client who has already begun a Threadbare To Thriving program cancel before the full program package is completed, program time already used will be converted to an hourly rate of \$100/hr and a refund will be issued to the Client for all unused hours according to their package type.

Rescheduling Sessions:

You may reschedule a Session one time at no charge. If you reschedule more than once, a \$15 rescheduling fee will apply.

To cancel or reschedule a Session:

- Email info@threadbaretothriving.com
- Call/Text 918-630-5187
- or Click the "change/cancel appointment" link provided in the confirmation email you receive at the time of booking.

If Late to a Session:

All sessions are booked as 2 hours. If you are late to your session there is no late fee, but the time is counted as part of your session and is considered lost, it will not roll over into another session.